

## Sensory Integration Dysfunction Checklist

This checklist provides examples of what child with sensory integration might display as issues or concerns. This is only meant as a guide. If you have concerns, contact your child's pediatrician or schedule a free screening with PhysioKids.

- A child who **transitions poorly** to new environments, situations, or people.
- A child who is **overly sensitive** to touch, movement, sights, or sounds.
- A child who dislikes or **reacts adversely** when people touch him/her
- A child who **avoids** tactile activities.
- A child who **under reacts** to sensory stimulus; who are **oblivious** (or do not respond typically) to pain, temperature, or body position.
- A child who transitions poorly to new tastes and textures of foods.
- A child whose **activity level** is unusually high or unusually low. The child may be constantly on the move or be slow to activate and **easily fatigued**.
- A child who appears **clumsy**, who **stumbles** and **falls** more frequently than other children.
- A child who avoids gross motor activities. A child who seeks out gross motor activities and **cannot sit** for fine motor activities or table top activities.
- A child who is **fearful of movement** and tries to avoid swings, rides, etc.
- A child who demonstrates difficulties with **fine motor coordination, writing,** and **self-help** skills such as buttoning, tying shoes, etc.
- A child who has difficulty **listening** and paying attention or **attending** with competing stimuli.
- A child who has poor organization or behavior or adaptive skills. The child may be **impulsive**, or **easily distracted**, and shows a lack of planning in approach to tasks. The child may react with **frustration, aggression,** or **withdrawal**.
- A child who has a **poor self-concept**. A bright child may know these tasks are more difficult for him/her than for other children, but doesn't understand why. Such a child may appear **lazy, bored,** or **unmotivated**, or may figure out ways to avoid these hard or embarrassing tasks and become **troublesome** or **stubborn**.