

### Fine Motor Skills Milestones

These milestones are provided as examples of what an average child might accomplish within various age brackets. This is only meant as a guide. If you have concerns, contact your child's pediatrician or schedule a free screening with PhysioKids.

#### Birth to 3 months:

- Looks at hands
- Fisted grasp present
- Tracks to midline

#### 3 to 6 months:

- Bats at objects
- Reaches and grasps
- Brings objects to mouth
- Follows with eyes

#### 6-9 months:

- Brings hands together
- Reaches with one hand
- Transfers object from one hand to the other

#### 9-12 months:

- Pincer grasp present
- Drops and picks toy up
  - Pokes at objects
- Uses index finger to point at and manipulate top

#### 1-1 ½ years olds:

- Builds tower of three small blocks
- Hold two blocks in one hand
- Puts four rings on stick
- Marks on paper with marker or pencil

#### 1½ - 2 years old:

- Places five pegs in pegboard
- Scribbles
- Turns knob
- Throws small ball
- Paints with whole arm movements, shifts hands, makes strokes
- Complete simple insert puzzle

#### 2-3 years old:

- Turns pages in book one at time
- Snips with scissors
- Holds crayon with thumb and fingers not fist
- Uses one hand more consistently with most activities
- Imitates circular, vertical and horizontal strokes with writing
- Paints with some wrist actions, makes dots, lines, circular strokes

#### 3-4 years old:

- Pours sand into small container
- Buttons and unbuttons
- Pours liquids with minimal spills
- Draws shapes/ combination of shapes

#### 4 – 5 years old:

- Builds complex block structures
- Prints name
- Draws person with 4 parts
- Strings large and small beads
- Does jigsaw puzzles
- Cutting out of circle, square and curved lines with scissors